

# November

# Breakfast Menu

## Milk and Juice

You can also choose white or chocolate milk and a variety of fruit juices including apple, cranberry, grape and orange-pineapple.

## Fruits

Choose from fresh apples, bananas, oranges or a variety of canned fruits to start your morning.

## Grains

Choose from a variety of dry cereal, toast bagel, English muffin or try a cereal bar.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 SCRAMBLED EGG OR CREAM OF WHEAT	2 ENGLISH MUFFIN BREAKFAST SANDWICH	3 BREAKFAST BURRITO
6 BREAKFAST CROISSANT SANDWICH	7 BLUEBERRY PANCAKE	8 PB&J GRAHAM OR MALT O MEAL	9 SCRAMBLED EGG SAUSAGE PATTY HASH BROWNS	10 CINNAMON ROLL
13 SAUSAGE PANCAKE	14 BLUEBERRY MUFFIN	15 BREAKFAST PIZZA OR OATMEAL	16 WAFFLES/SYRUP	17 SCRAMBLED EGG HAM BISCUIT
27 BREAKFAST BURRITO	28 GRILLED CHEESE BREAKFAST SANDWICH	29 BOILED EGG BACON MALTO MEAL	30 BLUEBERRY CREAM CHEESE PASTRIES	

# November

# Lunch Menu


There is a variety of milk and juice available at each meal as well as a variety of fruits to choose from.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Ranch Baked Chicken Or Sliced Turkey Mashed Potatoes/Gravy California Veg. Blend Salad Bar	2 Club Sandwich Or Stromboli Tater Tots Salad Bar	3 Super Nachos Refried Beans Salad Bar
6 Bear Burger Or Hot Dog Tater Tots Salad Bar	7 Oven Fried Chicken P/A BBQ Chicken Mashed Potatoes/Gravy Salad Bar	8 Spaghetti w/Meat Sauce Macaroni and Cheese Seasoned Peas & Carrots Garlic Bread Salad Bar	9 Ham and Cheese or Turkey and Cheese Paninis French Fries Salad Bar	10 Chicken Alfredo Seasoned Asparagus Breadstick Salad Bar
13 Fish Nuggets Or Chicken Nuggets Waffle Fries Salad Bar	14 Chimichanga Or Chile Rellano Seasoned Pinto Beans Salad Bar	15 <b>THANKSGIVING FEAST!!</b>	16 Variety of Pizza Sliced Jicama Salad Bar	17 Chicken Strips w/Gravy Tater Tots Salad Bar Garlic Bread
<i>Wishing you and your family a Happy Thanksgiving!</i>				
27 Meatball Sub Or Ham Wrap Baked Beans Waffle Fries Salad Bar	28 Beef or Chicken Taco Refried Beans Salad Bar	29 Orange Chicken Or Chicken Teriyaki Stir Fry Vegetables Fried Rice Salad Bar	30 Fish Sandwich Or Sloppy Joe Seasoned Peas Steak Fries Salad Bar	

# November

# Dinner Menu

There is a variety of milk and juice available at each meal as well as a variety of fruits to choose from.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Stromboli Potato Chips Pickle Spear Salad Bar	2 Chicken Fried Steak Mashed Potatoes/Gravy Tossed Salad/Dressing	3
6 Chicken Bacon Ranch Flatbread Seasoned Green Beans Salad Bar	7 Burrito Seasoned Pinto Beans Salad Bar	8 Salisbury Steak Mashed Potatoes/Gravy Salad Bar Roll	9 Cheese Enchiladas Refried Beans Tossed Salad/Dressing	10
13 Variety of Pizza Seasoned Broccoli Salad bar	14 Orange Chicken Stir Fry Vegetables Salad bar Fortune Cookie	15 Ham and Cheese Sandwich Potato Chips Pickle Spear Salad Bar	16 Corn Dog French Fries Tossed Salad/Dressing	17
				
27 Variety of Pizza Seasoned Green Beans Salad Bar	28 Grilled Ham & Cheese Sandwich Coleslaw Potato Chips Salad Bar	29 Ravioli w/Meat Sauce Glazed Carrots Salad Bar	30 Chicken Strips Mashed Potatoes/Gravy Seasoned Green Beans Tossed Salad Wheat Roll	



There's  
always  
SOMETHING  
TO BE  
thankful  
FOR